

REMOTE LEARNING TIPS FOR LEARNING FROM HOME

MAKE A PLAN

The school and your teacher will prepare your lessons, but it'll be good if you'll plan how you'll be studying at home.



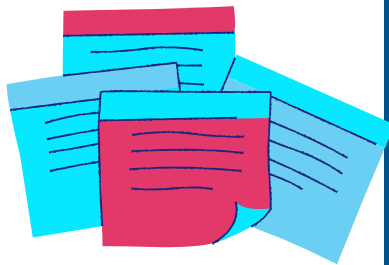
BE PROUD OF YOUR ACHIEVEMENTS

Studying at home isn't easy. Reward yourself for each small success.



TAKE NOTES

Notes will help you remember lessons as you watch them. It'll also be useful for reviewing later.



DO ONE THING AT A TIME

Finish one lesson before moving to the next. Do one assignment before another. Lessen multitasking.



TAKE A BREAK

Do your work in blocks to lessen the strain. After finishing one lesson, take a five minute break before moving on.



KEEP YOUR ROUTINE

Treat your day as if you're going to school. Get up, take a shower, have breakfast.

